

Mid-Atlantic Stars

70" x 70"



Designed, Pieced & Quilted by
Terri Welch
Quilters Journey

MATERIALS:

2-3/4 yards Icons Navy, includes binding

3/4 yard Wildlife Turquoise

3 yards Blender Birch

3/4 yard Butterscotch

4-1/2 yards Backing

SPECIAL TOOLS RECOMMENDED

Tucker Trimmer 1

BEFORE SEWING, READ ALL INSTRUCTIONS. ALL SEAMS ARE 1/4" UNLESS OTHERWISE STATED. LABELS THE CUTS AS YOU GO. WOF = WIDTH OF FABRIC; RST = RIGHT SIDES TOGETHER; HST = HALF SQUARE TRIANGLES; QST = QUARTER SQUARE TRIANGLES

CUTTING:

From Blender Birch Fabric:

Cut [2] — 5-3/4" × WOF strips

Subcut [12] — 5-3/4" squares, Block 1

Cut [6] — 4-1/2" × WOF strips

Subcut [48] — 4-1/2" squares, Block 1

Cut [6] — 3-3/4" × WOF strips, Block 2

Cut [5] — 8" × WOF strips

Subcut [26] — 7" × 8" rectangles, Block 2

From Wildlife Turquoise Fabric:

Cut [2] — 4-1/2" × WOF strips

Subcut [12] — 4-1/2" squares, Block 1

Cut [3] — 4-3/4" × WOF strips, Block 2

From Icons Navy Fabric:

Cut [4] — 5-3/4" × WOF strips

Subcut [24] — 5-3/4" squares, Block 1

Cut [3] — 4-3/4" × WOF strips, Block 2

Cut [8] — 4-1/2" × WOF strips, Border 2

Cut [8] — 2-1/2" × WOF strips, Binding

From Blender Butterscotch Fabric:

Cut [2] — 5-3/4" × WOF strips

Subcut [12] — 5-3/4" squares, Block 1

Cut [7] — 1-1/2" × WOF strips, Border 1

BLOCK ASSEMBLY:

1. On the wrong side of each of the Blender Birch 5-3/4" squares, draw a diagonal line from corner to corner.
2. Place each Blender Birch square RST with a Icons Navy 5-3/4" square. Sew 1/4" on each side of the drawn line,
3. Cut on the line. Press toward the Icons Navy triangle.
4. Repeat with all the Blender Birch 5-3/4" squares and the 5-3/4" Icons Navy squares to make [24] HSTs. Do not trim yet!



5. On the wrong side of each of the Blender Butterscotch 5-3/4" squares, draw a diagonal line from corner to corner.
6. Place each Blender Butterscotch square RST with a Icons Navy 5-3/4" square. Sew 1/4" on each side of the drawn line.
7. Cut on the line. Press toward the Icons Navy triangle.
8. Repeat with all the Blender Butterscotch 5-3/4" squares and the Icons Navy 5-3/4" squares to make [24] HST.
9. On the wrong side of the Blender Birch and Icon Navy half square triangles, draw a diagonal line from corner to corner.
10. Place RST with a Blender Butterscotch and Icons Navy HST. Place the Icons Navy triangles at opposite sides as shown. Align the seams together to "nest".
11. Sew 1/4" on each side of the drawn line.
12. Cut on the line, yielding [2] units. Press seams open. Repeat with all the Blender Birch and Icons Navy HST and the Blender Butterscotch and Icons Navy HST to make a total of [48] QST units.



- Use the Tucker Trimmer 1 to trim QST to 4-1/2" squares as shown. Place the common diagonal line (blue line in Figure 1) on [1] seam line and the sizing diagonal line (red line in Figure 1) on the other seam line. Trim the right side and the top of the unit. If you are left-handed, turn the Tucker Trimmer 90 degrees and trim the left side and top of the unit. Rotate the unit 180 degrees to trim the other [2] sides.

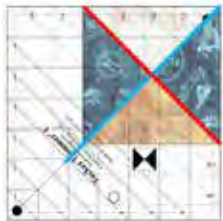


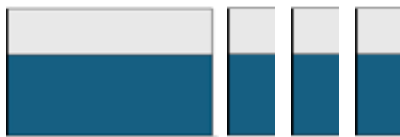
Figure 1

- Sew together [4] QST, [1] Wildlife Turquoise 4-1/2" square, and [4] Blender Birch 4-1/2" squares to make Block 1. Make [12] - 12-1/2" square blocks.



Block 2

- With a 1/4" seam allowance, sew [1] Blender Birch 3-3/4" x WOF strip to [1] Icons Navy 4-3/4" x WOF strip together along the long edge.
- Subcut into 3-3/4" x 8" rectangles as shown.



- Sew [2] of these rectangles together along the long side of the rectangles, placing the Blender Birch squares on opposite ends. See Figure 2A.
- Clip at the center of the sewn seam (red line in Figure 2B).



Figure 2A



Figure 2B

- Press seams away from the Blender Birch squares.
- On the wrong side, use a ruler with a 45 degree line and draw a line going through the intersection of the stitching lines and at a 45 degree angle from the edge of the unit. Repeat on the other side.



- Place RST with a Blender Birch 7" x 8" rectangle. Stitch on the drawn lines.
- Trim 1/4" away from the stitching lines.
- Press toward the Blender Birch triangle.
- Use the Tucker Trimmer 1 to trim the units to 6-1/2" square. Place the sizing diagonal line (red line in Figure 3) on the long seam line and the common diagonal line (blue line in Figure 3) at the corner of the square.

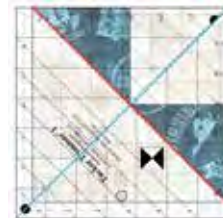


Figure 3

- Trim the right side and top of the units. If you are left-handed, rotate the Tucker Trimmer and the unit 90 degrees and trim the left side and the top of the unit.
- Rotate the unit 180 degrees to trim the other [2] sides.
- Repeat with the other Icons Navy 4-3/4" strips and the Blender Birch 3-3/4" strips. Make [26] units.
- Repeat with the Wildlife Turquoise 4-3/4" x WOF strips and the other Blender Birch 3-3/4" x WOF strips. Make [26] units.



- Sew [2] of each of these units together to complete Block 2 as shown. Press seams open. Make [13] 12-1/2" blocks.



QUILT TOP ASSEMBLY:

- Arrange blocks according to Quilt Top Diagram.
- Sew blocks into rows. Press the seams to the right on rows 1, 3, and 5. Press seams to the left on rows 2 and 4.
- Sew the rows together, nesting the seams together between the blocks. Press seams in [1] direction.



BORDERS ASSEMBLY:

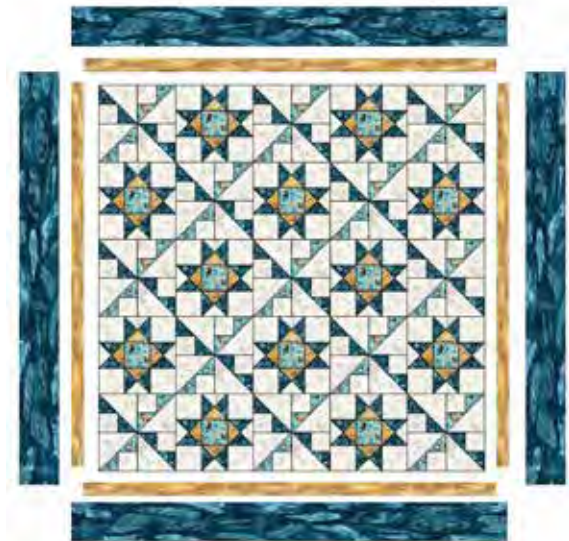
Inner Border

- Sew the [7] Blender Butterscotch 1-1/2" x WOF strips together end to end. Press seams to one side.
- Measure the center of the quilt top from top to bottom. It should measure 60-1/2".
- Cut the Border 1 strips the same length as your measurement.
- Sew the Border 1 strips to the sides of the quilt center. Press seams toward the border.
- Measure the center of the quilt top from side to side. It should measure 62-1/2".
- Cut the Border 1 strips the same length as your measurement.

- Sew the Border 1 strips to the top and bottom of the quilt center. Press seams toward the border.

Outer Border:

- Sew the [8] Icons Navy 4-1/2" x WOF strips together end to end. Press seams to one side.
- Measure the quilt top from top to bottom. It should measure 62-1/2".
- Cut the Border 2 strips the same length as your measurement.
- Sew the Border 2 strips to the sides of the quilt. Press seam toward the border.
- Measure the center of the quilt top from side to side. It should measure 70-1/2".
- Cut the Border 2 strips the same length as your measurement.
- Sew the Border 2 strips to the top and bottom of the quilt. Press seams toward the border.



FINISHING:

- Layer your quilt top with batting and backing fabric.
- Quilt as desired.
- Sew the [8] Icons Navy 2-1/2" binding strips together end to end. Press the strip in half with the long edges together. Bind as desired.
- Label and Enjoy!

Terri Welch



Terrie learned to sew from her mother, embroider from one grandmother, and crochet from another. A lifelong crafter, she taught herself to quilt and longarm 35 and 20 years ago, respectively. Terrie owns Quilter's Journey in Salem, Missouri, where you may encounter animals including horses, cats, or her dog, Sadie. As a Certified Instructor for Studio 180 Design, Terrie teaches classes for her local Quilt Guilds and would love to visit your area to teach. Terrie lives on a farm north of Salem with her husband, Chris and dog, Sadie.